



the rainbow after the rain

*Jubilee Year of Hope 2025 - **Hope for the Youth***

P lyEast

RAINBOW

SOUT  BORDER

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The Legion of Mary has power to produce CHANGE.



01

The Abstract

Who I am, and Why I stand here

Jeremy Perlas

25 years old.

born and raised Catholic.

Took my Legion Promise at 18 years old.

Sociology student @ San Francisco State University.

associate teacher.

educator @ Episcopal Day of St. Matthew.

choir director @ All Souls Parish, SSF

cat father.

loves to cook.

loves to eat even more.





02

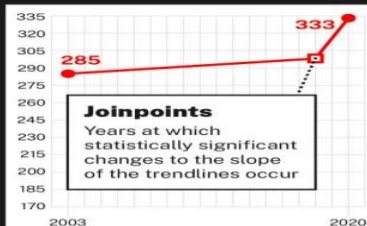
The Dignity of the Human Person

National Trends for Social Connection

From 2003 to 2020, time spent alone increased, while time spent on in-person social engagement decreased.



ANNUAL DAILY AVERAGE IN MINUTES



Social Isolation
an increase of
24 hours per month



Household Family Social Engagement
a decrease of
5 hours per month



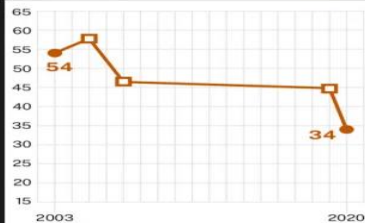
Companionship
a decrease of
14 hours per month
Companionship refers to shared leisure for the sake of enjoyment and intrinsic satisfaction



Social Engagement with Friends
a decrease of
20 hours per month



Non-Household Family Social Engagement
a decrease of
6.5 hours per month



Social Engagement with Others
a decrease of
10 hours per month

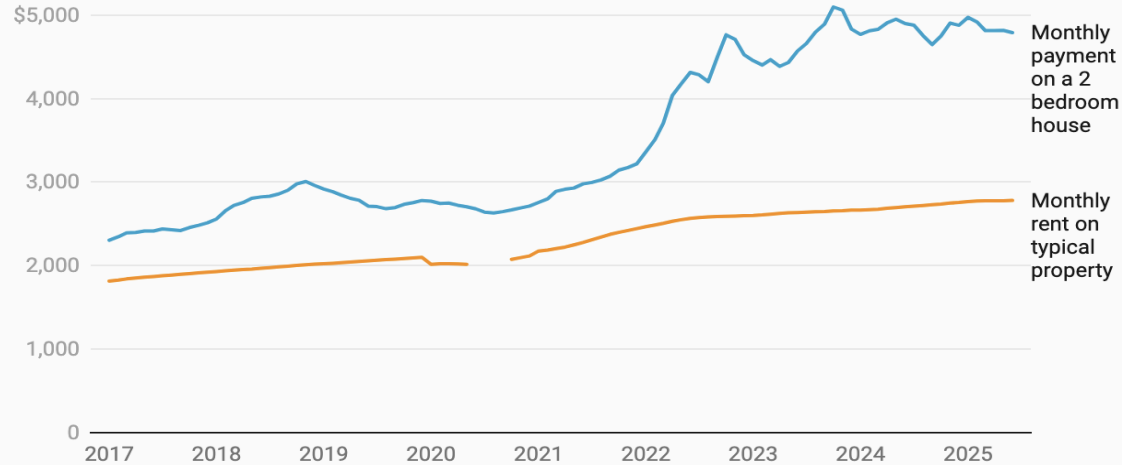
YEAR

Source: Adapted from Viji Diane Kannan, Peter J. Veazie, US Trends in Social Isolation, Social Engagement, and Companionship: Nationally and by Age, Sex, Race/ethnicity, Family Income, and Work Hours, 2003–2020, SSM - Population Health, Volume 21, 2023. The joinpoints are visual approximations.



Office of the
U.S. Surgeon General

Purchasing a 2-Bedroom Home is Nearly Twice as Expensive as Renting



California rent is a weighted average based on number of households per county, excluding certain counties where data are unavailable. The gap in monthly rent reflects missing data in mid-2020.

Chart: Legislative Analyst's Office • Source: [Zillow Home Value Index](#); [Zillow Observed Rent Index](#) • [Get the data](#) • Created with [Datawrapper](#)

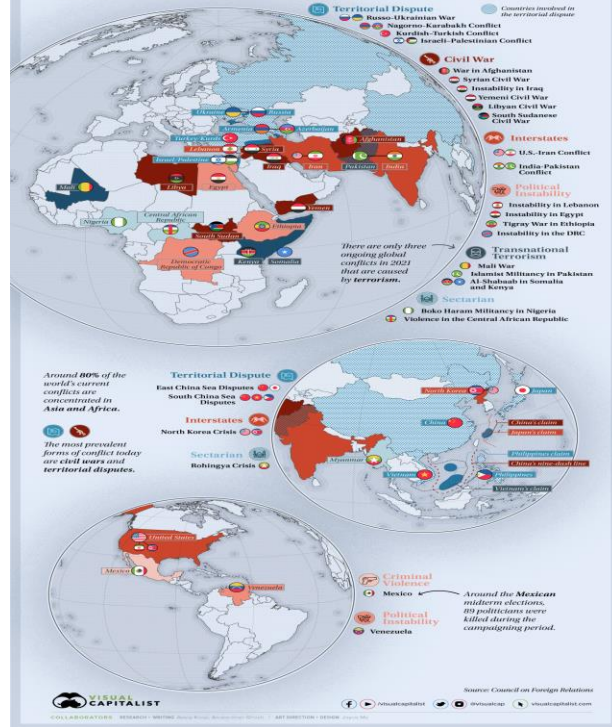
**WORLD PEACE IS
CONSTANTLY BEING
THREATENED BY WARS
AND VIOLENCE**

LIVES - INNOCENT LIVES
OF MEN, WOMEN, YOUNG
AND THE CHILDREN HAVE
BEEN TAKEN AWAY
UNNECESSARILY.

Where are the World's Ongoing Conflicts?

Conflicts are categorized according to the definitions laid out by the Council on Foreign Relations.

We currently live in one of the most peaceful eras in history, but that doesn't mean that there is an absence of violence. Here's a look at 27 of the world's ongoing conflicts as of 2021.



Political Instability

Lebanon

Egypt

Ethiopia

DRC

Transnational Terrorism

Mali War

Islamist Militancy in Pakistan

Al-Shabaab in Somalia and Kenya

Libyan



Children in Gaza take part in makeshift school graduation

**LET THE
CHILDREN'S
LAUGHTER
REMIND US HOW
WE USED TO BE**



03

Empathy to the World

**The Mystical Body of Christ becomes
our greatest lesson of empathy.**



The Church, the Mystical Body, exists on this earth, and is called the Church militant, because its members struggle against the world, the flesh and the devil. The Church suffering means the souls in Purgatory. The Church triumphant is the Church in heaven.

- St. Paul

the human race
IS the Mystical Body of Christ.

we do not discriminate
on who we serve.

there is no limitation
on who our neighbor
is.





04

What Can We Do?

The Legion of Mary has power
to produce CHANGE.

A white modern lamp with a large, rounded, teardrop-shaped shade and a thin tripod stand. The lamp is positioned on the left side of the image, with its cord visible. The background is a plain, light gray.

"What *does it* profit, my brethren, if someone says he has faith but does not have works? Can faith save him? If a brother or sister is naked and destitute of daily food, and one of you says to them, "Depart in peace, be warmed and filled," but you do not give them the things which are needed for the body, what *does it* profit? Thus also faith by itself, if it does not have works, is dead. (James 2:14-17)

Actively do your research on conflicts that are going on throughout the globe, and fact check your information.



Apostolic works such as Door to Door Visitation and Book Barrows are great. We can do even more especially towards the youth.

Instill hope in our youth.



Have empathy
and love
towards us,
and everyone.



My generation is going back to Church.

33% of generation-z are religious
affiliated- a statistic that was
once dropping.

There is hope.

